

# ***HEALTH BENEFITS E-NEWS***

*Department of Human Resource  
Management  
Office of Health Benefits*

**August 28, 2017**

## **Mid-Atlantic Women's Care**

We are aware of plans by Mid-Atlantic Women's Care to leave the Anthem network on November 1, 2017, and will provide additional information as it becomes available. For updates, Anthem members may visit [http://group.anthem.com/Mid\\_Atlantic\\_Womens\\_Care](http://group.anthem.com/Mid_Atlantic_Womens_Care).

## **Impact of Changes to the Health Insurance Marketplace**

Recent changes to the individual health insurance marketplace will have **no impact** on employees enrolled in the state health plans, which are group plans.

For participants enrolled in the individual health insurance marketplace:

- Participants who are enrolled in a plan from an insurer that leaves the marketplace, such as Anthem or Aetna:
  - May enroll in or increase their membership in a state plan as a HIPAA Special Enrollment event.
  - Must request the change within 60 days of the insurer's exit from the marketplace.
  - Must provide the documentation to support the event and the eligibility of any dependents being added to the coverage.
  - The enrollment or election will be prospective based on the date of the event or the receipt of the enrollment request, whichever is later.

## **Be Prepared for Flu Season!**

State plan members may again get a free flu shot during flu season at pharmacies participating in their health plan's network. COVA Care, COVA HDHP and COVA HealthAware members also may receive flu shots at no cost from network physicians' offices and other participating providers. Kaiser Permanente HMO members must go to a participating Kaiser medical center.

Visit [www.dhrm.virginia.gov](http://www.dhrm.virginia.gov) to find participating providers, questions and answers on each plan and a flyer to distribute to employees. It is important that plan members call ahead to be sure the pharmacy is participating in the program and flu shots are available. An appointment may be required.

A pharmacy must file in-network flu shot claims through its online system. If plan members are denied coverage for the flu shot, they should ask the pharmacist to call the telephone number on the back of their ID card. COVA Care and COVA HDHP ID cards have a Pharmacy Questions number, and COVA HealthAware cards show the Aetna Health Concierge number.

While members may receive a flu shot at a non-network pharmacy, coverage will be at the out-of-network benefit level. This means they will likely have to file the claim themselves and be balance billed for costs over the allowable charge.

See the attached flu shot guidelines for agencies that wish to coordinate flu shots onsite with participating pharmacies. Again, be sure that the pharmacy is participating in the Commonwealth's program before scheduling a clinic.

***Please do not reply to this e-mail. You may send inquiries to the Office of Health Benefits mailbox at [ohb@dhrm.virginia.gov](mailto:ohb@dhrm.virginia.gov).***